

Pre-Practice Procedures

All student/athletes and coaches must take Monitor Form Screening (All teams received them yesterday along with a QR Code to use), all head coaches are responsible for making sure that no student/athlete or coach is allowed to participate in a workout/competition if they have any symptoms on the form.

If a student does have a symptom(s) coaches will contact the parent/legal guardian immediately. The player will be sent home with a letter that will need to be read and signed by the parent/legal guardian. Coaches will then fill out the required "Athlete Symptom" google doc and contact the Athletic Director Adam Demorest and District Nurse Shawn Mahfet immediately.

All student/athletes and coaches must have their temperatures taken using an infrared thermometer provided for us before practice.

Hand sanitizer, gloves, masks, and sanitizer will also be provided for us.

Coaches will make sure to wipe down any surfaces used while players are coming in before you start practice. NO parents or spectators will be allowed near the practice courts. If someone happens to show up, they will be asked to leave immediately. All parents should wait in their cars during drop off and pick up. If you have any questions or concerns, please contact the coaches via email or phone.

ALL players MUST come in and leave with masks on!!! Masks can be lowered when a player is in a drill or during physical training. Once those are complete the player must put the mask back on, social distance and use hand sanitizer immediately.

Coaches must wear masks at all times unless in a drill which requires high intensity cardio, i.e. Cross Country running, agility drills

Coaches will sanitize equipment which includes balls, sleds, weight and agility equipment, etc...

Have coaches and student/athletes sanitize their hands as much as possible.

Coaches will use drills as much as possible that utilize physical distancing (at least 6 feet).

Educate our student/athletes and parent/guardians on the importance of following safe protocols so we don't end up with a breakout.

No scrimmages between schools may intra-squad scrimmage